



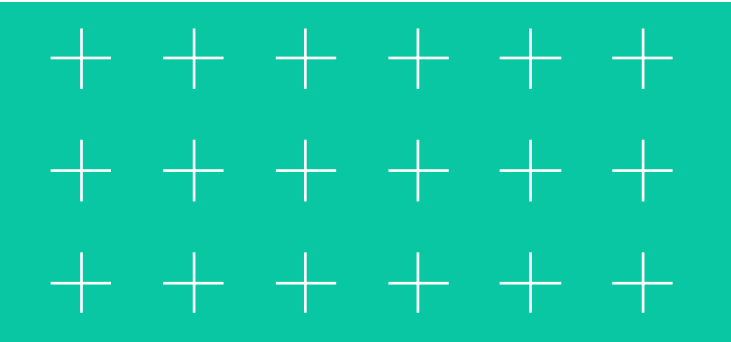
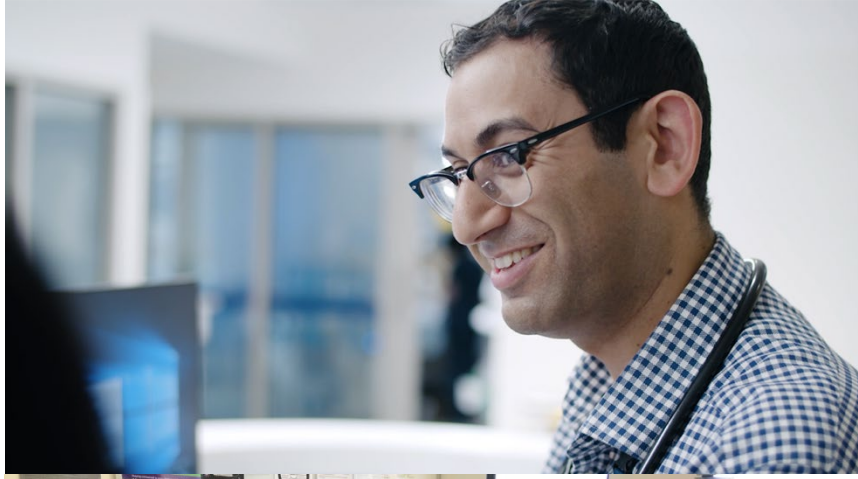
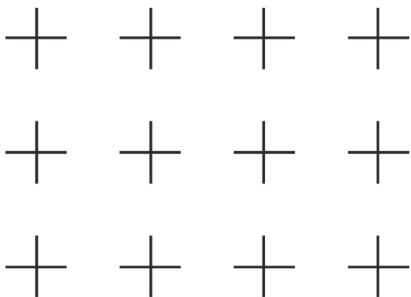
The Royal
Melbourne
Hospital

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Advancing
health
for everyone,
everyday.

Could this be you?

Join The Royal
Melbourne
Hospital Team



Position Description

Mental Health Clinician - Youth Mood Clinic

THE ROYAL MELBOURNE HOSPITAL

The Royal Melbourne Hospital (RMH) began in 1848 as Victoria’s first public hospital. And while we only had 10 beds to our name, we had the community of Melbourne behind us, and we were ready to provide the best possible care for those in need.

Since those early years, we’ve moved forward with purpose. Always at the forefront, leading the way on improving the quality of life for all.

Today the RMH is one of the largest health providers in the state, providing a comprehensive range of specialist medical, surgical, and mental health services; as well as rehabilitation, aged care, outpatient and community programs.

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We’re here when it matters most, and we’ll continue to be the first to speak out for our diverse community’s wellbeing.

OUR VISION

Advancing health for everyone, every day.

THE MELBOURNE WAY

At The RMH we’re inspired by our vision of Advancing health for everyone, every day. While we’re each going about our different roles, we’re united by a shared understanding of the way we do things around here. We call it The Melbourne Way. We put people first — leading with kindness and working together, we excel as one Royal Melbourne Hospital.

People First



People are at the heart of everything we do. We take the time to understand how we can make the most positive difference for them.

Lead with Kindness



Our care and compassion sets us apart. We lead the way with a respectful, inclusive spirit — embracing the things that make us all unique.

Excellence Together



True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

OUR PRIORITIES

The RMH Strategic Plan: Towards 2025. Advancing health for everyone, every day is our plan for the future — one which we are committed to achieving together. This position contributes to the achievement of the five Strategic Goals, articulated in the plan:

1. **Be a great place to work and a great place to receive care**
2. **Grow our Home First approach**
3. **Realise the potential of the Melbourne Biomedical Precinct**
4. **Become a digital health service**
5. **Strive for sustainability**

incorporating the diverse needs of all young people and families. This is especially important for those from LGBTQI+, Aboriginal and Torres Strait Islander, and culturally and linguistically diverse populations. Responsive and inclusive practices are at the forefront of all Orygen care.

DEPARTMENT DESCRIPTION

Forming part of the OSP Continuing Care Team, the Youth Mood Clinic (YMC) provides treatment to young people who are experiencing severe mood disorders. Many of these young people also experience complex co-morbid mental health problems.

The service operates over a number of sites and staff may be required to work from Parkville, Footscray, Wyndham, Sunshine, Melton, or other sites within the catchment. Ongoing commitment to improve service accessibility has seen the development of new sites, including the Sunshine Service, based within the Youth Hub and collocated with headspace, as well as satellite clinics in Wyndham and Melton. As these sites develop and more are considered, staff may be based at different sites dependent on the specific requirements of the position.

POSITION SUMMARY

Working within a supportive and specialist multidisciplinary team, the Mental Health Clinician will provide evidence-based interventions, psychological therapy and clinical case management for young people experiencing severe mood disorders and a range of co-morbid mental health issues.

The Mental Health Clinician is responsible for devising, implementing and evaluating an appropriate treatment plan for each young person and their family/carers. This involves provision of clinical assessments, psychological treatments, home-based assertive outreach to facilitate engagement and case management tasks, such as liaison with other agencies and advocacy on behalf of the young person.

The Mental Health Clinician will function autonomously, carry a caseload of clients, participate in clinical review meetings and practice according to the philosophy and protocols of the service. The position includes regular supervision, professional development and training opportunities.

The Mental Health Clinician may be required to provide interventions to young people from a range of Orygen's acute and community services and spend time working within programs such as the Youth Access Team and/or the Outreach team.

KEY ACCOUNTABILITIES

- Timely completion of mental health assessments including formulation, psychologically informed intervention, crisis intervention, family work and systems containment, individual service plans, crisis management plans, outcome measures, documentation of client's progress in client files, discharge summaries and contact sheets, for the client/carers/system consistent with the YMC model of care.
- Ensure high standards of clinical care that are congruent with OSP aims – client focused, accessible, responsive and consistent with best practice.
- Capacity to provide, or develop skills in, integrated assessment, treatment and care for dual diagnosis clients.
- Attendance at clinical review meetings.
- Work in partnership with consumers, patients and where applicable carers and families.
- Establish and maintain effective interfaces and partnerships with key agencies and community groups through consultation, liaison, education and collaborative projects: including Drug and Alcohol services, Youth Justice and primary care providers.
- Support and participate in the Health Services Occupational Health & Safety (OHS) Policies and Procedures and implement (where appropriate) at unit/service area level including reporting any incidents of unsafe work practices, sites/areas or equipment
- Comply with Safety & Service Improvement / Quality Management policies and procedures
- Take reasonable care for your safety and wellbeing and that of others.
- Contribute to a culture of caring, teamwork, continuous improvement, constructive

- Work collaboratively with colleagues across all OSP and Orygen teams.
- Work in your scope of practice and seek help where required.
- Manage clinical risk and actively work toward implementing risk reduction strategies.
- Ensure service provision is guided by evidence-based, culturally-safe and trauma informed principles incorporating the diverse needs of all young people and families. This is especially important for those from LGBTQI+, Aboriginal and Torres Strait Islander, and culturally and linguistically diverse populations.
- Speak up for safety, our values and wellbeing.
- The incumbent may be required to perform other duties as directed.
- performance review, quality work standards and client service
- Participate in ongoing service improvement initiatives and activities.
- Ensure risk management activities are completed, effective controls are in place and incidents are recorded, investigated and corrective actions implemented as far as is reasonably practical.
- Prioritise wellbeing and ensure safe work practices are developed and adhered to in their area.
- Continue to learn through mandatory training and other learning activities.
- Seek feedback on your work including participation in annual performance discussion.

KEY RELATIONSHIPS

Internal

- Clinical Stream Lead - Youth Mood Clinic
- Continuing Care Team Coordinator - Region A
- Sub-programs, including Early Psychosis (EPPIC and PACE), MOOD, HYPE, Eating Disorders, Neurodevelopmental Disorders and Addictions/Dual Diagnosis Clinical Streams; Community Development; Psychosocial program; Youth Access Team; Inpatient Unit; Orygen @ Home; HOPE; and FYMHS.

External

- Key Agencies
- Community Groups
- Drug and Alcohol Services
- Education Services and Vocational Programs
- Youth Justice and Primary Care Providers

KEY SELECTION CRITERIA

Formal Qualifications:

Occupational Therapists:

- Registration under the Australian Health Practitioner Regulation National Law Act (2009) with the Occupational Therapy Board of Australia.
- An approved Degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy (Vic.).

Social Workers:

- An approved degree in Social Work and eligibility for membership of the Australian Association of Social Workers.

Registered Psychiatric Nurses:

- Registration as a registered nurse under the Australian Health Practitioner Regulation National Law Act (2009) with the Nursing and Midwifery Board of Australia.
- Bachelor Degree in Psychiatric/Mental Health Nursing or equivalent, or Bachelor Degree in Nursing plus a Postgraduate qualification in Psychiatric/Mental Health Nursing.

Psychologists:

Registration as a Psychologist under the Australian Health Practitioner Regulation National Law Act (2009) with practice endorsement as a Clinical, Forensic or Clinical Neuro Psychologist with the Psychology Board of Australia (or eligibility to enter a registrar program as a clinical, forensic or clinical neuro psychologist with the Psychology Board of Australia where relevant).

Essential:

- A minimum of 12-24 months' experience in clinical practice within the mental health field, including young people experiencing mental health disorders.
- Demonstrated experience in providing targeted crisis support and/or case management.
- Ability to develop, implement and evaluate client-centred individual service plans, risk assessments and diagnostic formulations.
- Capacity to provide, or develop skills in, integrated assessment, treatment and care for dual diagnosis clients.
- Knowledge of the rationale and evidence for early intervention in mental illness, in particular mood disorders.
- Ability to work collaboratively and effectively with young people and their families/carers.
- Ability to work independently and effectively within a multidisciplinary team including both clinical and research teams.
- Demonstrated interpersonal and communication skills (written and verbal) as well as abilities in problem solving and negotiation.
- Ability to document care as required and comply with expectations for data collection e.g. contacts.
- Capacity to develop effective working relationships, collaborations and partnerships with a range of services within the broader community service system including primary care, AOD agencies, employment and housing services, and PDRSs.
- A commitment to ongoing professional development through access to current literature, continuing education, supervision and attendance at seminars conferences..
- Willingness to work from a community-based site and across multiple sites if required.
- Comply with all legal requirements pertaining to the position including responsibility for maintaining current registration as required by your professional organisation or other applicable Acts.
- A current Victorian driver's licence
- A satisfactory National Police Check
- A Working with Children check

Desirable:

- Nursing: Evidence of current Continuing Professional Development as outlined by ACMHN or RCNA. Evidence ACMHN Credentialed Mental Health Nurse (CMHN)
- A working knowledge of community-based organisations and human services organisations.
- Understanding of the Children & Young Person's Act, Mental Health and Wellbeing Act 2022 and other Acts/legislation relevant to working with young people in a mental health setting.
- Knowledge of relevant guidelines, plans and strategies related to the mental health service system (such as Victorian Mental Health Reform Strategy, National Standards for Mental Health Services).

KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful:

- Demonstration of Orygen and RMH values - putting people first, leading with kindness and achieving excellence together.
- Achievement of portfolio specific KPI targets
- Participation in and satisfactory feedback through the annual performance review process
- Ability to maintain a safe working environment and ensure compliance with legislative requirements

AT THE RMH WE:

- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
- Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
- Deliver Safe, Timely, Effective, Person-centred Care (STEP) in line with our clinical governance framework.
- Are an equal opportunity employer, committed to providing a work environment free of harassment and discrimination. We promote diversity and inclusion in the workplace.
- Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.

ACCEPTANCE

I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that The RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Employee Signature

Employee Name (please print)

/ /

Date
